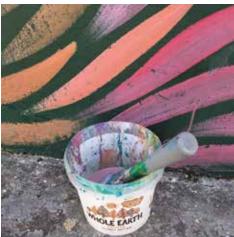


## Welcome to the Spring Newsletter

Last September a group of street artists transformed the front of several shop premises with striking murals. It was part of "Full Colour Maindee", a project by Maindee Unlimited to make the District Centre more attractive for shoppers, residents and local businesses. At first many shop owners were unsure about having a mural on their building. But once work was underway and people saw the quality of the artwork, more and more owners signed up. This first phase of the project, which finishes this March, was supported by the UK Government's "Shared Prosperity Fund". Further SPF

funding has just been announced for 2025/26, so let's hope we can get some of this to invest into Maindee. Get in touch if you have ideas for future local projects.



Maindee Unlimited is an incorporated charity run by local volunteers. The charity was set up in 2015. We are based in Llyfrgell Maindee Library at 79, Chepstow Road NP19 8BY, next to the Police Station. The charity publishes this newsletter three times a year. It is delivered door to door to over 3000 households in the Maindee area by a team of volunteers. Contributions are welcome. They can be dropped into, or posted to the library, or emailed to info@maindee.org. Contact us to discuss advertising. Rates are £250-full A5 page; £150half page; £90-quarter page.

Discounted rates available for small local businesses.









Ymunwch â ni yn y Sioe Deithiol Ailgylchu i ailfeddwl am wastraff! Dysgwch sut i leihau, ailddefnyddio ac ailgylchu'n effeithiol gartref

> Dysgwch am fanteision amgylcheddol ailgylchu, casglwch fagiau ailgylchu a mynnwch yr wybodaeth ddiweddaraf

> > Helpwch wneud gwahaniaeth yn ein cymuned Ailgylchwch yn iawn a gwastraffwch lai er budd Casnewydd gynaliadwy!

# MAC FIXY VAN YN DOD I FACNDY!

Helpwch ni i gadw technoleg heb ei ddefnyddio ar y farchnad a mas o dirlenwi - allwch chi roi rhywbeth yn ein Amnest Dechnoleg sydd ar y gweill?

#### GALL FIXY VAN DDERBYN RHODDION FEL:

- · Gliniadueron a Llechi Digidol
- · Cyfrifiaduron PC, Desg, Tyrau
- Ffonau symudol / clyfar
- · Peiriannau gweinydd, llwybrwr a gyriannau caled
- · Consolau gemau ac ategolion
- · Camerâu digidol
- · Cyfrifianellau gwyddonol a PDAs
- · Dillad clyfar / dyfeisiadau clyfar, uwchseinyddion clyfar, watshys clyfar

Bydd Wastesavers yn glanhau eich data'n ddiogel a ble bo'n bosib, yn adnewyddu ac ailddosbarthu eich technoleg ibobl sydd mewn angen amdano yn ein cymuned. Ceisiwch gynnwys ceblau pŵer ac offer gwefru, datglowch y dyfeisiadau a datgysylltu o iCloud i alluogi ailddefnyddio



Cefnogir gan Wastesavers resource tutures





RECYCLE RIGHT, WASTE LESS!

Join us at the Recycling Roadshow to rethink waste! Discover how to effectively reduce, reuse, and recycle at home



Learn about the environmental benefits of recycling, collect recycling bags and get the latest information

Help make a difference in our community Recycle right and waste less for a sustainable Newport!

# FIXY VAN IS COMING TO MAINDER!

Help us keep unused tech in circulation and out of landfill - can you donate something at our upcoming Tech Amnesty?

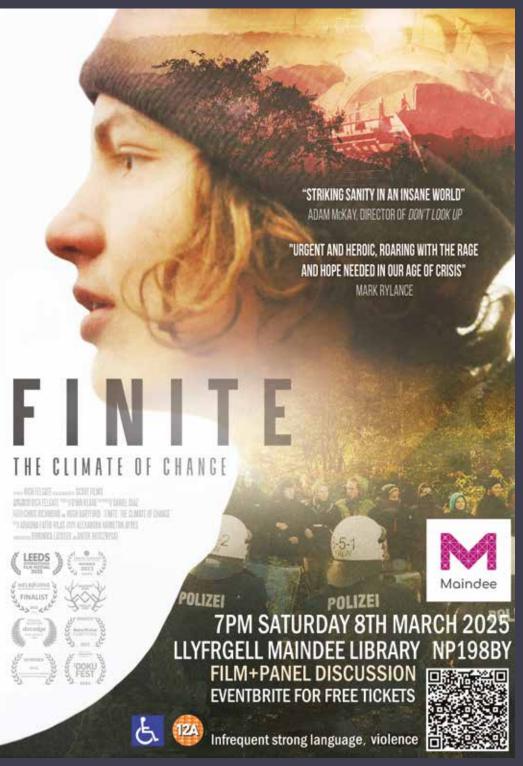
#### **FIXY VAN CAN ACCEPT DONATIONS LIKE:**

- · Laptops and Tablets
- · PCs, Desktops, Towers
- Mobile / Smart Phones
- Game Consoles and accessories
- · Digital cameras
- Scientific calculators and PDAs
- · Servers, routers and Hard Drives · Smart wear / Smart devices, Smart speakers, **Smart Watches**

Wastesavers will securely data-wipe and where possible, refurbish and redistribute your tech to people who need it in our community. Please try to include power cables and chargers, unlock devices and disconnect from iCloud to enable reuse.







#### New Beginnings for Former Bomb Site...

A neglected parcel of land on the corner of Archibald Street and Soho Street is being turned into a pocket park and community growing space this year. The project is supported These temporary houses, build to help tackle the post-war housing shortage, were eventually demolished in the 1980s. The land has remained untouched – until



by POBL, who own site, Newport City Council, who will be overseeing the construction of the nature-friendly pocket park and by Greening Maindee volunteers, who are helping to clear the site and develop the growing space.

A bombing raid on East Newport in 1941 destroyed the original homes on the site, which was cleared and replaced with "prefabs" in the 1950s. this latest use of the site to create Eveswell Community Garden. You are encouraged to get involved. Email John Stone at greening@ maindee.org for more info.

#### From Malvern to Maindee – RHS Garden is Destined for Wharf Road

A designer garden at this year's RHS Spring Festival in Malvern will be installed after the show in its permanent home in Maindee. carefully dismantled and transported to its permanent home on a pre prepared plot at the junction of Wharf Road and Chepstow Road.



The Greening Maindee team was approached last year by award winning garden designer, Emily Crowley Rowe. Emily wondered in the team wanted to collaborate on a design. They did! – and in December 2024 the team heard that Emily's design (illustrated here and on the front and back covers) had been approved by the RHS selection panel. A team of landscapers will have a week to create the show garden in Malvern. Once the show has finished the garden will be

The muddy path that currently cuts through the site to Wharf Lane will be properly surfaced and surrounded by small trees, seating areas and contemporary plantings. To complete the setting, the garden will be backed by a wildlife mural by Andy O'Rourke. Greening Maindee's John Stone is delighted "We are thrilled that the garden is coming to Maindee. Everyone will be able to enjoy it for years to come right here in the heart of the community".



# BORROW ITEMS AT A LOW COST INSTEAD OF BUYING THEM NEW AT MAINDEE LIBRARY OF THINGS

Spring is in the air! We have lots of items that will help you tackle all those outdoor jobs!

Visit www.maindeelot.co.uk and register, then you can choose your item and select a convenient date to collect it.

Collect your item, use it, clean it, and return it when you're done. It's that easy!



Maindee LOT at the
Wastesavers Reuse Center
Open every Monday and Friday
9.30am to 4pm



Volunteers needed! We're looking for volunteers for all sorts of things, whether you like creating Tiktok videos, or admin is your super-power, your community needs you!

To help out with Maindee LOT, please get in touch: hello@maindeelot.co.uk



Benthycwch eitemau am gost isel yn maindee library of things, yn hytrach na'u prynu o'r newydd!

Mae'r gwanwyn ar yr awel! Mae gennym Iawer o eitemau a fydd yn eich helpu i daclo'r holl jobsys yna tu fas!

Ewch i www.maindeelot.co.uk i gofrestru, ac yna gallwch ddewis eich eitem a dethol diwrnod cyfleus i'w gasglu. Casglwch eich eitem, ei ddefnyddio, ei lanhau, a'i ddychwelyd ar ôl i chi orffen ag ef. Mae mor hawdd â hynny!

Bydd yr holl arian a godir yn mynd yn ôl i fenthyca cymunedol ym Maendy!



Maindee LOT yng Nghanolfan Ailddefnyddio Wastesavers Ar agor bob dydd Llun a Gwener 9.30am tan 4pm



## Chwilio am Wirfoddolwyr!

Rydyn ni'n chwilio
am wirfoddolwyr ar gyfer
pob math o bethau,
boed hynny'n greu fideos
TikTok, gweinyddu –
mae ar eich cymuned eich
angen! I helpu gyda
Maindee LOT, cysylltwch:
hello@maindeelot.co.uk



## Why make a Power of Attorney?

A "Power of Attorney" gives people you trust the legal right to make decisions on your behalf should



you become unable. Sorting out Power of Attorney (POA) can be a bit daunting. So if this is something that affects you or a member of your family, you may be interested in a free advice

session on POA in this library this March. Jake Burton-Brown, a Legal Executive who specialises in this area, will be running the session, to be held in Llyfrgell Maindee Library at 1pm on Saturday 1st March. Jake has ten years experience and so the session will be a great opportunity to get some free expert advice on how to fill out the POA application forms. The Office of the Public Guardian does offer free POA forms that you can complete yourself. Each document must be registered with the Office of the Public Guardian (OPG) before it can be used, and applicants have to pay a fee of up to £82 per document. The waiting time for an application is around 10 weeks. Jake advises that, if there are any mistakes then the document might be rejected. So it's important to get it right first time. Everyone welcome. The library has level acess to wheelchair users. Tea and coffee will be served.

## A new food capital

New fresh food shops, takeaways, restaurants, bars and cafés have opened in Maindee over the last year. They are building on established businesses like Jim Olivers, ABC Supermarket and The Maindee to create something of a food and drink buzz in the area. New arrivals include **Maindee Fresh Food**, (check out their cheese offer). Nibble Deli on Livingstone Place (high protein takeaways and buffets) Baquette Me, also on Livingstone Place (panini, jacket potatoes, salads) Chicky Fridays, in the old Villa Dinos building (Halal chicken shop), Mamu's Chaii ("perfect" chai, street food and desserts) and The Phoenix, rising out of the ashes of The Prince Albert. Some people have even started to talk up Maindee as the new food capital of Newport! All traders play their part in this, but the driving force behind this is surely our local **Weatherspoons.** Open all day and always busy, its consistent food and drink offer and strong brand pulls in hundreds of customers. Their footfall can be good for local independents as well. A more personal touch and high quality offer, exemplified by the stunning Italian cuisine at Re D'oro **Ristorante**, sits well alongside "spoons" more corporate approach. Is it time for Maindee Food Festival we wonder?



### Quiet Sunday morning meetings in the library

Llyfraell Maindee Library is a busy place. As well as all the regular sessions, it is used by lots of different groups for their regular meetings. One such group are Newport Quakers. They have been meeting in the library every Sunday from 10.30am to 11.30am for many years. David Haggar, a member of the group, explains a little more about what goes on "Our origins are Christian but we are open to those of all faiths or none. Meetings usually lasts for an hour. In Quaker worship there are no ministers or creeds. We first gather together in silence to quiet our minds - we don't have set hymns,

prayers or sermons. In the stillness we open our hearts and lives to new insights and guidance. Sometimes we are moved to share what we discover with those present. We listen to what everyone has to say to find its meaning for us. Everyone is welcome to share their thoughts. After the worship we share tea, coffee, biscuits and conversation". If you are interested in joining and would like more information, a contact page can be found at www.newportquakers.org.uk. We will profile more library user groups in future issues.



The last time Maindee got flooded was so long ago (1922) that nobody remembers it ever happening – but it did! It's a horrible thought, but there is still a risk that one day the low lying areas of Maindee will once again get flooded. You can get some useful tips from Natural Resources Wales for things you can do to be prepared for a flood. Search "flood risk Wales" or use this QR code.

#### MPROVING THE LINE OF COMMUNICATION: YOUR VIEWS ON MENTAL HEATH

#### WE WOULDLIKE YOU TO TAKE PART

If you are an adult who lives in Maindee we'd love for you to join us at our mental health and wellbeing workshop. We want to know what matters to you around your mental health and what you thought of the mental health support. We'll be asking what mental health means to you and what you think will help your community. Please note that this workshop will be conducted in **English**. You will need a basic understanding of English to take part effectively.

#### WHYSHOULDITAKEPART

This is a unique opportunity to have your say and help to develop a small scale community mental health **support.** We hope this workshop will be enjoyable and a chance to connect. There will also be tea, coffee, and snacks provided throughout.

> THE TRIANGLE 10:00AM-2:00PM **30TH APRIL 2025**

#### WHAT WILLIHAVE TODO

We'll be running a two hour workshop. The workshop will involve using art materials to express how we think and feel about mental health and wellbeing. We will be using this information to develop support for you and your community. Please note that this workshop will not be suitable for anyone experiencing an acute mental health crisis. If you are unsure whether this applies to you or if you would like to discuss this further, please contact the research team.







Email lucy.fishleigh@southwales.ac.uk for questions

JOININ

HAVE YOUR SAY

MAKE A DIFFERENCE

# Warm Hub

Hot food, Games + Activities. Warm Atmosphere







#### **All Welcome**

Maindee Library
 79 Chepstow Rd,
 Maindee, Newport
 NP19 8BY

## **Fridays** 5 till 7

February 7th February 14th February 21th February 28th

March 7th March 14th March 21st March 28th

April 4th

#### **RENTERS' RIGHTS** WORKSHOPS

For private renting tenants in Newport



MONDAYS 10AM-12PM FROM 27TH JANUARY

MAINDEE LIBRARY, 79 CHEPSTOW ROAD, NEWPORT



TUESDAYS 11AM-1PM

FROM 21ST JANUARY

THE HIVE, 10 STOW HILL, NEWPORT



WEDNESDAYS 10AM-12PM

FROM 22ND JANUARY

NYCA, 4A TEMPLE STREET, PILL, NEWPORT





facebook.com/champnetworkgwent



For general queries, please contact anna@taipawb.org



